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**Julie Ann Segal "Looks Good, Feels Good, Is Good!" Art, Interior Design, Feng Shui for home or office**

By David K

As a little girl, Julie Ann Segal used to re-arrange the furniture in her room. She had the Feng Shui thing going on even then. All her life, she's known what an impact art and design can make on an environment. "Whatever you're going for in your space, whatever 'feel' you're trying to achieve, it's important that what you have there is the right fit."



Julie Ann has been in business almost 24 years. "I came to the Twin Cities after graduating college in 1987, and worked for three interior design companies before starting Metro Interiors in 1992." As a Feng Shui Interior Designer, Julie Ann designs with intention – to help create spaces that not only look good, but feel good. "The environment should support the people who live or work there," she asserts. In addition, Julie Ann is an art dealer. Her Virtual Art Gallery represents a variety of artists and styles. (<http://metrointeriors.com/art/virtual-art-gallery/>) "I feel art is the soul of the room." From energizing, uplifting, or inspirational to calm, quietly expressive, or soothing – art is integral in making your space one that supports you. Julie Ann imparts, "The art you have should reflect who you are, or who you would like to be. If it's outdated or something you've outgrown, you should replace it with what has special meaning and purpose for you." An artist herself, Julie Ann enjoys oil painting.

Over 20 years in business, Julie Ann has become renowned for her deep commitment to providing clients with state-of-the-art design. Always on the cutting edge, her dynamic approach is to utilize all resources within reach. Eclectic to classic, modern to traditional – there is nothing she and her team will not do to create that "wow factor" to exceed clients' expectations. Blending the ancient art of Feng Shui with all Interior Design endeavors, they reveal environments rich in comfort, beauty, balance, and harmony. Julie Ann's unique designs and the stories behind them are featured in Metro Interiors online portfolio. (<http://metrointeriors.com/portfolio/>)

"We carry many lines of furnishings, floorings, wallcoverings, art and accessories as well as work with remodeling contractors to create beautiful spaces," Julie Ann adds. Just a sampling can be found on Metro Interiors' Products page. (<http://metrointeriors.com/products/>)

"I love this community," says Julie Ann. "Working here, there's such a great variety of people – whether I'm partnering with someone on their home, or with a contractor that cares about delivering quality products and services. Plus," she adds, "The Lake Minnetonka lifestyle, and the beauty of area... nature inspires me." Julie Ann also likes running, for her own escape and fitness. She appreciates the theater, and everything that the west side and the Twin Cities has to offer for dining and the arts.

As for future growth, Julie Ann hopes to add a couple more designers to her team, and continue to develop partnerships with clients to design their homes and offices. "I love decorating and designing with all of our resources and services. I'm enjoying doing public spaces in multi-housing buildings, such as the hallways, lobbies, and offices in apartment and condos. I would like to offer more Feng Shui classes, as well as art showings to highlight art from the Virtual Art Gallery."

Julie Ann Segal and her team at Metro Interiors make spaces look good, with a passion for making them feel good, too. They believe living environments should reflect a homeowner's spirit and enhance their well-being, striving to create that "wow factor." Contact Julie Ann to inquire about some WOW for your home or business!

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[metrointeriors.com](http://metrointeriors.com) • [youtube.com/user/metrointeriors](https://www.youtube.com/user/metrointeriors)

**Creating Harmony at Home**

It's important to pay special attention to how we design and maintain our homes, so that they serve us well – offering us a sense of harmony.

The outside world can at times seem anything but harmonious, even chaotic. It can zap our energy and leave us drained. We need a place for retreat and restoration. Our homes can and should serve us in such a way. Our homes are a mirror for our inner world. If they feel chaotic, we have no chance of restoring ourselves from the hectic pace of our days. They should be calming, instead, and instantly shift our mood once we set foot in the door.

One way our homes may breed chaotic energy is through clutter. Too many things means too many things visually distracting us. Decluttering, and careful editing of décor, artwork, and furniture are key.

Once decluttered, you can look at adding special touches, with the intention of creating a calming, nurturing space. Incorporate softer features like candlelight, soothing colors, indulgent fabrics and rugs, maybe even a water feature or relaxing music. These changes can make your space one that helps you to restore balance.



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